
OUTREACH



**You are warmly invited to join us in the
SACRAMENT OF HOLY COMMUNION
Aberlady Parish Church
When dates are published
All will be welcome**



SC004580

Church of Scotland

MINISTER'S MESSAGE

Dear Friends

This is not an easy letter to write. When, in February of this year, I announced with no small regret, my decision to demit office as your Minister on 31st October, none of us had any idea of the impending Covid lockdown. Naturally, as lockdown continued, I wrestled again with the decision, deeply conscious of the additional challenges which it has raised, but I have come, firmly, to the conclusion that God is saying that my time here is done and that new possibilities lie ahead for you and for me.

Whereas lockdown has given many of us the opportunity to enjoy a less hectic pace of life, something which I cannot deny that I have appreciated, the frustrations of not being able to visit or otherwise share time, worship and fellowship with you all have only increased as time has gone on. Recent steps taken to resume Sunday worship in Gullane have brought blessing but also an increased sense of the loss of all that we enjoyed before, given the very real limitations which apply. It is difficult, in the current climate, to see that changing before the end of October – or for some time thereafter.

Having regard to the many drastic effects of Covid 19, it is of no real importance that Dorothy and I will be denied the opportunity to say proper farewells to you all. However, that does not mean that we don't feel that loss deeply. It will only make our departure more painful for us. The privilege of being part of the Aberlady and Gullane congregations; sharing in your life and work and serving the local communities has brought us many rewards; none greater than the opportunity to get to know so many of you and to enjoy your friendship, encouragement and support. We will ever be grateful for that and will always hold you in our hearts.

MINISTER'S MESSAGE CONTINUED

Our national bard famously wrote, *“The best laid schemes o’ Mice an’ Men Gang aft agley,”*. Burns lived at a time when the fortunes of ordinary folk were even more precarious than is the case today. Covid 19 has brought home to us all that there are few certainties in life. God in Christ came into our midst to bring us hope and reassurance; not by taking away the necessary and inevitable frailties of our created existence, but by putting them in true perspective. To name but two of the “spiritual giants” of the Hebrew Scriptures, Moses and Elijah both discovered that their faith in God did not bring them either a carefree existence or a victorious resolution in worldly terms. In trying to persuade his followers to accept that this would also be true for the Messiah and for each of them, Jesus encountered stubborn resistance, even from Peter, one of his closest and most devoted disciples. It was in humbly embracing the grace of God that Jesus found the strength and courage to endure his Passion and so it was grace which flowed out from him during that ordeal and in his resurrection appearances.

“Father, forgive them!” “Peace be with you!”

This is the very nature of God in which and from which resurrection life is possible. In many ways, it feels as if the Church which most of us have known and loved all of our lives is being dragged reluctantly and fearfully along its own Via Dolorosa, just as the disciples followed reluctantly and fearfully in Jesus’ wake. They were bewildered and we, too, are bewildered by the apparently accelerating decline of the Church as we have known it. Covid 19 has only intensified the process and its effects are far from over. Such are the challenges facing the Church of Scotland, there is every probability that Aberlady and Gullane will, in the future, be a part of a wider grouping of Churches, sharing a team of full and part-time ministers. This will, inevitably, place more responsibility upon the shoulders of elders and members and will result in significant changes to patterns of worship and church life as we have known them. The restrictions of Covid 19 have already given us a preparatory experience of some of that.

MINISTER'S MESSAGE CONTINUED

If these changes are not to be just a step on the way to extinction of our denominational presence then it is essential that we all embrace them humbly, with grace and with faith in the ultimate victory of God in Christ. This is the very nature of God in which and from which resurrection life is possible. The Church will not and cannot die but its various earthly manifestations can and, from time to time, do. If our congregations are to share in resurrected life then we must put our own preferences, fears and anxieties behind us and embrace humility and grace under God. That will always be painful, but it will also bring rewards beyond anything we might hope or imagine. It will point with great eloquence to the example of Christ, whose followers we claim to be and, in that example, lies the hope which our whole world desperately needs.

I am sorry that we will not be here to pursue that with you, but, God willing, we will be a part of it elsewhere. In answer to your prayers and in response to your grace, God will bring forward leaders of a new generation, equipped to guide you through what will, at times, seem like an endless wilderness. But it is in that process that there lies the discovery of the Kingdom of God, which is the only future worth pursuing.

I echo the Apostle Paul in his letter to the Colossian Church when I say that I will never cease *“praying for you and asking that you may be filled with the knowledge of God’s will in all spiritual wisdom and understanding, so that you may lead lives worthy of the Lord, fully pleasing to him, as you bear fruit in every good work and as you grow in the knowledge of God. May you be made strong with all the strength that comes from his glorious power, and may you be prepared to endure everything with patience, while joyfully giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light.”*

MINISTER’S MESSAGE CONTINUED

In closing, let me say that at the time of writing it is almost certain that your Interim Moderator and Locum Minister from 1st November, will be the Reverend Ruth D. Halley. I am delighted that Ruth has chosen to take on this responsibility and I have every confidence that she will be a wise counsel; a compassionate pastor and a good friend to you all.

Yours in Christ

Brian

Register of Deaths of Members		
27 th June 2020	Mr Robbie Trainer	Gullane
9 th July 2020	Mrs Primrose Barr	Gullane
27 th July 2020	Mrs Greta Doughty	Gullane
1 st August 2020	Mrs Anne McLeod	Gullane
7 th August 2020	Mr Robert Dishington	Gullane

A Farewell to Brian

Brian - on behalf of the Kirk Session and all the congregation of Aberlady Parish Church I would like to say how much we have all enjoyed your ministry. We have appreciated all your many talents especially your inspiring sermons on a Sunday morning and your wonderful singing. Your pastoral visits whether at home, hospital or care home have meant so much to so many in the congregation. Your kindness, thoughtfulness and compassion have shone through.

It is very unfortunate that you have been unable to carry out some of your many duties due to Covid-19. However, with the wonders of technology we have been able to follow your Sunday morning prayers, bible readings and reflections.

We wish you and Dorothy a very happy and healthy retirement. We are all going to miss you very much.

Hazel Phisatory
 Session Clerk
 Aberlady Parish Church

Aberlady Magazine

I wanted to add my own message to you all as we leave Aberlady and Gullane in the next few weeks. It hardly seems any time since we came here and yet five years have passed. For three years of that I was still working and so my extra time was limited but during the last two years one of the lovely things has been being able to spend more time in this beautiful part of the world and get to know you all a bit better. I have loved being able to hone my baking and cooking skills and help out at the monthly Sunday lunches and coffee mornings. The team that organise and run these events have been so welcoming and their enthusiasm and commitment for getting things done is very impressive. I have also enjoyed participating in some services, although making 100 Christingle bags for the Christmas Eve service a few years ago was quite a challenge!

It seems very strange leaving here without being able to see you all personally and say goodbye properly. Thank you for all you have done for us over the years, your support and kindness has been much appreciated. You made me feel part of the Aberlady family from the first moment I stepped in the door at Brian's induction service and welcome party afterwards and that has never changed. We are not going to be too far away in Dunbar so I hope our paths will cross again in the future.

Take care of yourselves and each other.

Dorothy Hilsley



TREASURER'S REPORT

Financial Statement for Aberlady KS to December 2020

Bank account at 5 April 20	£16323.79
Bank Account at 1.9.20	£8747.36
	(all bills paid)
Income Sept ??	£1100
Expend Sept	£2895
Net deficit	-£1795
Bank account at 5.10.20	£6952
Income Oct?? (Charges to Gullane)	£1600
Expend Oct ?? (Heating needed and charges from Gullane)	£3400
Net deficit	-£1800
Bank acc at 5.11.20	£5152
Income Nov ?? (Assuming£800 Gift Aid rebate)	£1800
Expend?? reduced Ministry charge -vacancy	£2700
Net deficit	- £900
Bank acc at 5.12.20	£4252
Income Dec??	£1000
Expend??	£ 850
net profit	+ £150
Bank account at 31.12.20	£4402

TREASURER'S REPORT

Notes

1. It is impossible to do a proper budget as things vary from month to month
2. The only income which is certain is £620 from monthly Gift Aid donations. Everything else is a guess and at the good will of donors. It is normally about £400
3. Expenditure varies month to month - Ministry & Mission (not Dec)/Heating and Lighting/Cleaning/Secretary (On retainer) / Insurance (not Sept/Oct) / Tel & Internet/Magazine (Sept) i.e bare essentials
4. Nothing is included for any other expenditure e.g. minister's travel and expenses/organist/work in Ladies' toilet and any emergency work.
5. I hope income will pick up once services restart.
6. I do have two other accounts - Stonework (for church maintenance only) **£4356** - will pay for Deep Clean and repairs to north side of church. Virgin Account (set aside for Toilet Fund) - £13077 may have to transfer from this.

Kaye Macaskill

Church Treasurer. 2 9.20

Brian Hilsley's retiral.

As members know, after over thirty years as a parish minister, Brian is retiring at the end of the year. We had hoped to have a lunch in Gullane village hall at the end of October to allow everyone to celebrate Brian and Dorothy's time with us. This now seems highly unlikely, given current restrictions so we shall all have to say our goodbyes separately. Brian's last service at Aberlady will be on Sunday 25th October. Many of us would, no doubt, like to contribute to a farewell gift. Donations can be made in the following ways:

- **Internet banking** For the details please contact **Kaye Macaskill** by email: **kayemac23@aol.com** or by phone; **01875 870371**. Please mark payment **HILSLEY**
- **Cheque** - payable to; **Aberlady Kirk Session** - either posted to Kaye Macaskill or delivered to her-marked - Gift **HILSLEY**
- **Cash** - in a sealed envelope marked - Gift **HILSLEY**, either delivered to **Kaye Macaskill** or ask a friend to deliver to her.

All donations must be with me by Monday 19th October

Kaye Macaskill (Church Treasurer)

TREASURER'S REPORT

Aberlady Parish Church- Financial Situation during Closure

I would like to thank everyone who is supporting the church financially during the present difficult situation either by maintaining their donations through their bank or making one of for regular donations. Despite both buildings being closed I have still to pay about £3200 out every month, including Ministry and Mission charges, insurance etc.. This is lower than the normal monthly expenditure of over £4000. This is a very difficult position with reduced regular income of about £1200 per month. There will be no Quarterly envelopes for the foreseeable future. Here are some ways you can help to keep us in the black:

Bank Transfer - You can do this through internet banking OR telephone banking OR in person at your bank. Bank details can be obtained from the Treasurer. (This is the best option for me)

My phone number is in the Church magazine

Cheque - You can write a cheque, payable to **Aberlady Kirk Session**, which you may put through my letterbox or post it to me.

Cash- This is problematic but if you have no other option, you can save your donation in either your FWO envelopes or an envelope. You can keep them till church opens again OR bring them to my letterbox OR ask someone trustworthy (perhaps your elder) to get this to me. Please use this, only if you have no other option.

I, on behalf of us all, shall be grateful for all help and support at this difficult time.

Church Treasurer 28 May 2020

VJ Day in Aberlady 15 August 2020

Saturday 15 August marked the 75th Anniversary of VJ Day, the day when the Second World War ended in the Far East. This meant that all the people held prisoner could be released, some to return home, others into medical care to recuperate and some so ill that they were taken to Australia for medical care before they could be sent home.

In Aberlady and Gullane there is a small group of people whose families were directly affected by the War in the Far East. As the major celebrations had to be downgraded because of Coronavirus it was decided to hold a short commemoration at Aberlady War memorial on the day. Reverend Brian Hilsley agreed to conduct a short service for the group of nine people who either has a father who was a prisoner and one lady who was a child prisoner on the island of Java. At 10.45. Observing social distancing a short service was held followed by a two minute silence, then, a Far East Prisoners of War wreath was laid and each individual present laid a red rose in memory of their particular family. Everyone present received a new FEPOW badge

The group waited for the Red Arrows flypast to finish their ceremony but unfortunately this did not happen as the cloud cover was too low. So most of us went to the hotel for tea/coffee and scones

Kaye Macaskill 25 8.20



VJ Day in Aberlady 15 August 2020-



How to keep busy and well occupied during ‘LOCKDOWN’?

As reported in the May issue of Outreach, the “Gullane Scrubbers” were making scrubs for the hospitals, care homes and surgeries of East Lothian. Since that project came to an end in July and I was speaking to my oncology nurse, she told me she had another idea to give us something to do. This was to sew surgical gowns for the children who are attending the oncology department at the Sick Kids Hospital in Edinburgh. A group of fifteen ladies, from Gullane, Aberlady, Edinburgh and Stirling all agreed to set up their sewing machines and overlockers again. Appeals were sent out to ask for duvet covers suitable for children aged from three to fourteen and production began. There was such a wonderful variety of donated duvet covers. They were cut according to the age groups and the result has been amazing. Below are photos showing just a few. Heading this project, called Grannies’ Gowns, we have been lucky to have the use of the Scout Hall in Gullane, with Lorna Scott in charge in Gullane and a talented sewer from Fairmilehead, Mrs Elaine Thow as well as myself.

With advice from a doctor who works at the Sick Kids Hospital it was decided that the number required would be 150 - 180 gowns. This number has already been exceeded and a date has been decided for this project to come to an end and then gowns will be delivered for use in the hospital.

I must say that I have thoroughly enjoyed the challenges. First of all when making ‘scrubs’ and secondly when deciding how to cut out the patterns and making the surgical gowns. Sewing machines have had to be sent to be serviced!

What will we do now, I wonder?

Val Barrie (Editor)



A new Board for CrossReach

CrossReach has said thank you and farewell to the 25 members of the Social Care Council along with those from other Councils and Committees of the Church of Scotland who had traditionally had a seat at the table, many of whom had served for a good number of years and who have pledged to remain stalwart supporters of CrossReach.

The new Board met for the first time last month, led by Rev Thom Riddell as convener and Mrs Sarah Wood as Vice Convener, and were welcomed to their new roles.

For the full list of board members visit: www.crossreach.org.uk/about-us/trustees

Continuing vital counselling services through training and digital technology

CrossReach took the opportunity during Volunteers' Week last month to recognise the incredible contribution made by their volunteer counsellors. March 2020 saw all nine CrossReach Counselling Services closing their doors due to COVID19, having to find a way of moving to an online/ remote platform, previously not undertaken by any of the services.

Over 100 volunteer counsellors signed up to continue to work remotely with their existing clients, and potentially new clients going forward, and undertook extensive training to allow them to work remotely and safely.

To read the full story visit: www.crossreach.org.uk/news/recognising-the-invaluable-contribution-of-our-volunteer-counsellors

Pre-lockdown CrossReach had over 1,200 counselling clients in therapy or on waiting lists. With the temporary closure of premises and the need to quickly adapt to delivering counselling online and by telephone CrossReach applied to the Scottish Government Wellbeing fund.

CrossReach was successful in their application, being awarded £99,240 towards the cost of using live technology. By providing this lifeline, clients can continue to express themselves, explore their feelings, work through difficult life experiences and develop coping strategies essential for healthy development.

Cale House in Inverness has kindly been gifted a range of craft materials by Tesco and some members of Muir of Ord Church of Scotland. Colouring books, colouring pencils, jigsaws, board games and cards have proved to be very popular with residents; encouraging creative activities during this difficult lockdown period and putting a smile on the faces of the receivers.

To learn more about Cale

House visit: www.crossreach.org.uk/our-locations/cale-house

Volunteers' Week 2020

Last month was Volunteers' Week and CrossReach thanked the many individuals who each bring their unique talents and skills to a range of roles across the services, making a real difference to the lives of the people

CrossReach support.

One such volunteer is Derek who has been volunteering at The Bungalow in Stonehaven for a few years now. Derek keeps the grounds and garden beautiful for everyone to enjoy and has recently been driving staff to and from work. He is also instrumental in the production of "The Bungalow presents Strictly" as the sound engineer and guest judge 'Bruno'!!

For information on volunteering with CrossReach visit: www.crossreach.org.uk/support-us/volunteer

Mental Health resources

There is a number of online spaces filled with tips and advice on maintaining good mental health during self isolation.

Further details: www.crossreach.org.uk/find-service/children-families/counselling

Host a Virtual Grey Cake Coffee Morning As we all continue to live with the impact of COVID-19 and having to maintain social distance, is there someone you wish you could chat with over a cup of coffee and piece of cake? Holding a Virtual Grey Cakes Coffee Morning is a great way to connect with your friends and loved ones whilst helping CrossReach to continue to support those who are coping with mental health and wellbeing issues, made all the more difficult by COVID-19.

You can get as creative as you like; share your recipes and compare versions of the same cake. More information: www.crossreach.org.uk/virtualgreycakes

For more ways to support CrossReach visit: www.crossreach.org.uk/support-us

Hatching a plan over at Oversteps

Residents at Oversteps care home in Dornoch have been enjoying some new arrivals. Having hatched in the spring, hoping these cheeky goslings have been settling in and putting smiles on the faces of many.

CrossReach prayer widget for church website

You can now access the CrossReach Prayer Diary widget directly from their website along with easy to follow instructions on how to install it on your church site. Every week, it will update automatically with a new set of prayers. Visit: www.crossreach.org.uk/crossreach-prayer-diary-widget



The Church of Scotland

Social Care Council

Operating as CrossReach, Scottish Charity No: SC011353



Our Day Centre

During this difficult time, our members are missing the friendliness and interactions with the staff and friends at the centre, but our manager and her staff have done a wonderful job in keeping everyone connected.

They are delivering meals to them and have done shopping for them everyday, but most of all have kept their spirits up with chatting to them all, sometimes by phone but also on their doorstep.

Quizzes and games etc are delivered every week with news and as much as they can do to keep them in touch.

The Gullane resilience group have been very helpful and we would like to thank them for that.

No one can predict how long it will be before the centre can open completely and this will be in the hands of the government and obviously, we hope the recovery from this awful virus.

We just hope everyone will stay well and we can all be together again as soon as possible

Paula Jackson

Seema's Project

Seema's project began initially in 2014 with the aim of building a home for abandoned street children from the red-light district of the city of Pune, India, and to build a rehabilitation centre for rescued victims of the sex industry.

Over 3,000 women and girls are enslaved in the city of Pune's brothels.

As happens in red-light districts globally, children of the prostitutes are thrown out of the brothels onto the street, where they are at risk of exploitation in all its forms. [The Free to Live Trust](#) partners the Rev Haribhau Waghmode Foundation in India.

By April 2017, thirty-two children were in residence in the children's centre in Bori, a village outside Pune. With the support of the Guild the project will be further developed by rescuing more children and some of the trafficked women and by introducing a feeding programme to support the children and encouraging them back into education.

The inspiration for this work comes from Seema Waghmode, a Christian lady who has worked to improve the sexual health of the prostitutes for over twenty-five years, also rescuing their children.

Teen Ranch

Teen Ranch is a charitable interdenominational Christian youth activity centre run with the help of a team of committed staff, where, along with physical activity and a relaxed atmosphere, young people can learn about God.

The camp, based in a Georgian Mansion in the countryside of Perthshire, can accommodate up to sixty-eight campers providing a suitable environment for young people ranging from 10-17 years old.

The programme is one where children are constantly given the opportunity to take part in one activity or another: horse riding, archery, canoeing, for example. The property outside and inside is western ranch themed making Teen Ranch a very unique place to be in Scotland. Campers are put into one of the following teams: Rustlers, Wranglers, Levis, or Broncos. Throughout the week the teams play a variety of games competing to win points and at the end of the week each member of the winning team receives a small prize.

The dorms are based in what used to be the bedrooms of the Georgian Mansion, each with a western-themed name. There is also a room competition where the dorms are marked for tidiness each morning, resulting in a prize at the end of the week.

Time Out is where the Christian message is shared and the campers sing some fun songs. This is a great time for the campers to come together and hear about the Christian faith presented to the young people in a clear and enjoyable way.



Isobel Barrett
= Social History
July 1

Imagine you were born in 1900.

When you're 14, World War One begins and ends when you're 18 with 22 million dead.

Soon after a global pandemic, the Spanish Flu, appears, killing 50 million people. And you're alive and 20 years old.

When you're 29 you survive the global economic crisis that started with the collapse of the New York Stock Exchange, causing inflation, unemployment and famine.

When you're 33 years old the nazis come to power.

When you're 39, World War II begins and ends when you're 45 years old with 60 million dead. In the Holocaust six million Jews die.

When you're 52, the Korean War begins.

When you're 64, the Vietnam War begins and ends when you're 75.

A child born in 1985 thinks his grandparents have no idea how difficult life is, but they have survived several wars and catastrophes.

Today we have all the comforts in a new world, amid a new pandemic, yet we complain because we need to wear masks. We complain because we must stay confined to our homes where we have food, electricity, running water, wifi, and even Netflix! None of that existed back in the day, yet humanity survived those circumstances and never lost their joy of living.

A small change in our perspective can generate miracles. We should be thankful that we are alive. We should do everything we need to do, to protect and help each other.

This message should reach everyone.

Please help to spread it.

Waterston House - Aberlady

Autumn Joint Exhibition:

Robert Greenhalf, Matt Underwood and Anthony Theakston

Scottish Ornithologists' Club

Waterston House, Aberlady

1st October - 15 November 2020

New opening hours: Thursday to Sunday (10am-4pm)

This joint exhibition presents paintings and prints by Robert Greenhalf and Matt Underwood alongside sculptures by Anthony Theakston. Robert Greenhalf and Matt Underwood are both painters and printmakers, using woodcut as their main printmaking technique. While Robert is a master of the muted palette and tends to embrace the whole landscape, Matt uses bold colours and designs while zooming-in on his subject. Anthony Theakston adds his own personal take on wildlife to this exhibition: his sculptures, in bronze or ceramics, are remarkable for their pared-down approach, aiming to capture life with minimal detail.

About the SOC: The Scottish Ornithologists' Club is a charity promoting the study, protection and enjoyment of birds in Scotland. Scotland's national bird club with over 3000 members and a network of 15 branches across Scotland, hosts a programme of events and outings for its members and the general public.

Images attached; for further information please contact:

Laura Gressani, Exhibitions Coordinator, working Mon-Thurs-Fri

Scottish Ornithologists' Club

Waterston House

Aberlady

East Lothian

EH32 0PY

Tel: 01875 871330

www.the-soc.org.uk

Find us on Facebook at www.facebook.com/ScotlandsBirdClub

Follow us on Twitter @ScottishBirding

Make your bird sightings count by recording them on www.birdtrack.net

The SOC is a Scottish Charitable Incorporated Organisation, Reg. No. SC009859
Vat Registration No. 845 6713 05



Please consider the environment before printing this e-mail!

An Obituary printed in the London Times.....Absolutely Dead Brilliant!!

Today we mourn the passing of a beloved old friend, **Common Sense**, who has been with us for many years. No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape. He will be remembered as having cultivated such valuable lessons as:

- Knowing when to come in out of the rain;
- Why the early bird gets the worm;
- Life isn't always fair;
- And maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you can earn) and reliable strategies (adults, not children, are in charge).

His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place. Reports of a 6-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves had failed to do in disciplining their unruly children. It declined even further when schools were required to get parental consent to administer sun lotion or an aspirin to a student; but could not inform parents when a student became pregnant and wanted to have an abortion.

Common Sense lost the will to live as the churches became businesses; and criminals received better treatment than their victims.

Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar could sue you for assault.

Common Sense finally gave up the will to live, after a woman failed to realise that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death,

- by his parents, **Truth and Trust**,
- by his wife, **Discretion**,
- by his daughter, **Responsibility**,
- and by his son, **Reason**.

He is survived by his 5 stepbrothers;

- **I Know My Rights**
- **I Want It Now**
- **Someone Else Is To Blame**
- **I'm A Victim**
- **Pay me for Doing Nothing**

Not many attended his funeral because so few realised he was gone. If you still remember him, pass this on. If not, join the majority and do nothing.

Anna Wright

April 24



Corona's Letter To Humanity

The earth whispered but you did not hear.
The earth spoke but you did not listen
The earth screamed but you turned her off.
And so I was born...

I was not born to punish you..

I was born to awaken you..

The earth cried out for help...

Massive flooding. But you didn't listen.

Burning fires. But you didn't listen.

Strong hurricanes. But you didn't listen.

Terrifying Tornadoes. But you didn't listen.

You still don't listen to the earth when....

Ocean animals are dying due to pollutants in the waters.

Glaciers are melting at an alarming rate.

Severe drought.

You didn't listen to how much negativity the earth is receiving.

Non-stop wars.

Non-stop greed.

You just kept going on with your life..

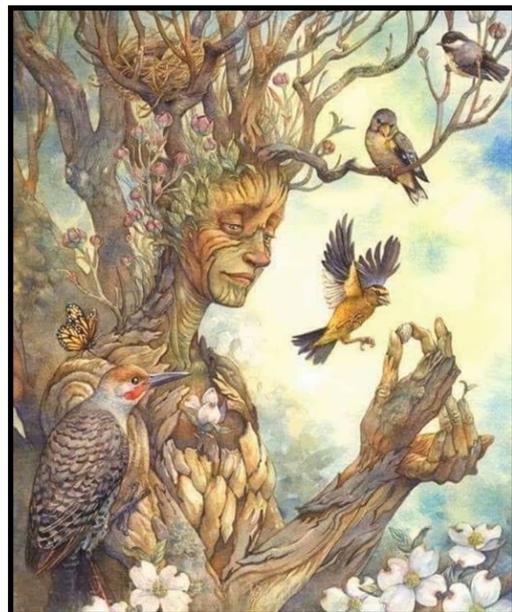
No matter how much hate there was..

No matter how many killings daily..

It was more important to get that latest iPhone than worry
about what the earth was trying to tell you..

I've made you take refuge.

I've made you stop thinking about materialistic things..



But now I am here.
And I've made the world stop on its tracks.
I've made YOU finally listen.
Now you are like the earth...
You are only worried about YOUR survival.
How does that feel?
I give you fever. as the fires burn on earth.
I give you respiratory issues. as your pollution filled the earth's
air.
I gave you weakness as the earth weakens every day.
I took away your comforts..
Your outings.
The things you would use to forget about the planet and its
pain.
And I made the world stop...
And now...
China has better air quality..
Skies are clear blue because factories are not spewing pollution
on to the earth's air.
The water in Venice is clean and dolphins are being seen.
Because the gondola boats that pollute the water are not being
used.
YOU are having to take time to reflect on what is important in
your life.
Again I am not here to punish you. I am here to Awaken you...
When all this is over and I am gone... Please remember these
moments..
Listen to the earth.
Listen to your soul.
Stop Polluting the earth.
Stop Fighting amongst each other.
Stop caring about materialistic things.
And start loving your neighbours.
Start caring about the earth and all its creatures.



OLD BAKEHOUSE TEAROOM

in Sew In Stitches, High Street,
Aberlady, East Lothian, EH32 0RB



OPEN
Monday, Tuesday,
Friday, Saturday
10am - 4.30pm

Teas, Cappuccino, Latte,
Americano, Flat White,
Mocha, Espresso,
Hot Chocolate.
Takeaways

Scones freshly baked each day, assorted home made
Cakes · (Soya milk, decaffè & Gluten Free available)

Warm welcome to everybody,
Light Lunches and takeaways available.
Local hand made gifts & cards in shop.

Find us on Facebook and Tripadvisor,
t: 01875 870 405 www.sewinstitches.co.uk



SHONA DEWAR
PHYSIOTHERAPY
& Associates

Telephone:
07580 612 670

www.dewarphysiotherapy.co.uk

Gosford Bothy Farm Shop



Farm Shop, Butchery & Cafe

Open 7 Days

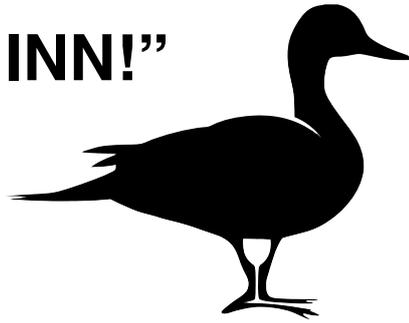
9.30am - 5pm

Gosford Estate, Aberlady, East Lothian

01875 871234

Supporting Aberlady Parish Church

“DO DUCK INN!”



**DUCK'S
INN**

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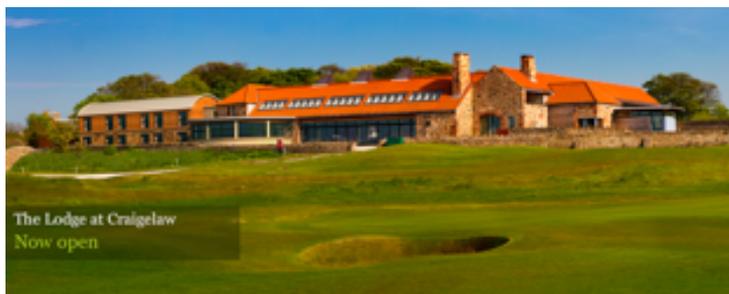
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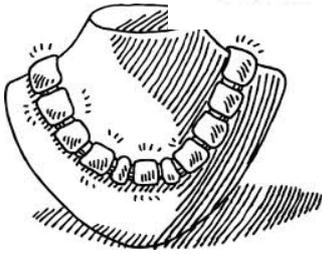
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CONTACT DETAILS

Minister	Rev. Brian Hilsley
email :	BHilsley@churchofscotland.org.uk
Session Clerk	Mrs Hazel Phisatory
Secretary	Mrs Zena Shand
Church Office Hours:	Tues. 9.30-1.30pm & Thurs. 9.30-3.00pm
Treasurer	Mrs Kaye Magaskill
Gift Aid	Mrs Hazel Phisatory
Safeguarding Coordinator	Mrs Val Morrison
Flower convener	Mrs Liz Forsyth
Magazine Editor	Mrs Val Barrie

Thoughts for the day = Wisdom

No matter how educated, talented, rich or cool you believe you are, how you treat people ultimately tells all.

In life, it's important to know when to stop arguing with people and simply let them be wrong.

A smart person knows what to say. A wise person knows whether to say it or not

I fear the day that technology will surpass our human interaction. The world will have a generation of idiots. Albert Einstein

To access OUTREACH online: go to Google. Select 'Gullane and Aberlady Churches'. Click on 'Aberlady' followed by 'OUTREACH'.