

April 2020

Tel. 01620 843084

Hello friends.

We hope you are all well and coping with this strange situation that we all find ourselves in.

So what have we all been up to since we last met at the centre? The staff are continuing to work, all be it on reduced hours to enable social distancing. We have had a good deep clean of the building so that it's sparkling and ready for your return.

Our aim is to keep in touch with you by phone or letter and help out as required; we can shop for essentials, deliver a meal or help source items such as hearing aid batteries. Please let us know what you need. We are in Monday to Friday, so please call even if you just want a chat.

Creative writing booklets.

By April





At Gullane Day Centre members participated in a Sharing Stories Project with Dr Lorna Hill (pictured above). This project covered one year and was Funded by The National lottery.

Sessions with Lorna included poems, stories and sharing memories.

Out of these sessions, Lorna has put together a booklet which contains members thoughts and words.

Copies of the booklet for each member will be delivered soon. I hope you enjoy your work!



Day Centre Garden

The garden has been lovingly cared for by Margaret McSorley and it is looking amazing!

We have had beautiful spring bulbs including the blue iris reticulata in pots, tulips, highly scented hyacinths and daffodils. They are beginning to go over now, but we still have a lovely display of violas which were planted by our members in the autumn.

Does anyone have any suggestions for summer colour?